



Fruit Smooth-Frozen Cups

- 100% fruit juice
- Credits as a Fruit
- Smooth-Frozen for effortless spoonability
- Strawberry-Mango and SourCherry-Lemon are made with natural colors and natural flavors
- Placing SideKicks on the menu increases daily participation levels
- SideKicks can also help increase Smart Snacks revenue
- Dairy free, gluten free, lactose free, does not contain bioengineered ingredients, or any of the big 9 allergens



SideKicks Fruit Cups • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Calcium (%) | Iron (%) | Potassium (%) | A (%) | C (%) | Smart Snacks | Fruit Credits |
|------|---------------------|--------------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|-------------|------------------|----------|----------|-----------------|------------------|
| 2009 | BlueRaspberry-Lemon | 100 | 84 | 4.4 | 90 | 20 | 23 | 21 | 6 | 8 | 2 | 20 | 70 | ✓ | 1/2 cup |
| 2014 | Kiwi-Strawberry | 100 | 84 | 4.4 | 90 | 20 | 23 | 21 | 6 | 8 | 2 | 20 | 70 | ✓ | 1/2 cup |
| 2016 | SourCherry-Lemon | 100 | 84 | 4.4 | 90 | 20 | 23 | 21 | 6 | 8 | 2 | 20 | 70 | ✓ | 1/2 cup |
| 2024 | Strawberry-Cream | 100 | 84 | 4.4 | 90 | 20 | 23 | 21 | 6 | 8 | 2 | 20 | 70 | ✓ | 1/2 cup |
| 2015 | Strawberry-Mango | 100 | 84 | 4.4 | 90 | 20 | 23 | 21 | 6 | 8 | 2 | 20 | 70 | ✓ | 1/2 cup |
| 2023 | Orange-Cream | 100 | 84 | 4.4 | 90 | 20 | 23 | 21 | 6 | 8 | 2 | 20 | 70 | ✓ | 1/2 cup |

SideKicks Product Information: Not a significant source of calories from fat, total fat, saturated fat, trans fat, cholesterol, added sugars, protein and vitamin D. SideKicks Shipping and Storage: All SideKicks are shipped and stored frozen.





Red/Orange Vegetable Smooth-Frozen Cups

- 100% vegetable juice
- Credits as a Red/Orange Vegetable
- · Made with sweet potato, pumpkin, and carrot juices
- Fortified with Calcium and Vitamins A and C
- Smooth-Frozen for effortless spoonability
- Helps combat Red/Orange menu fatigue
- Taste-tested and approved by K-12 students!
- Dairy free, gluten free, lactose free, does not contain bioengineered ingredients, or any of the big 9 allergens



VBlend SideKicks Red/Orange Cup • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Fiber (g) | Total Sugars (g) | Calcium (%) | Iron (%) | Potassium (%) | A (%) | C (%) | Smart Snacks | Red/Orange Credits |
|------|---------------|--------------|--------------|----------------------|----------|----------------|--------------|--------------|---------------------|----------------|-------------|------------------|----------|----------|-----------------|-----------------------|
| 2020 | Sunbelievable | 100 | 84 | 4.4 | 70 | 25 | 20 | 4 | 11 | 6 | 6 | 4 | 20 | 70 | ✓ | 1/2 cup |
| 2026 | Tropicool | 100 | 84 | 4.4 | 70 | 45 | 21 | 4 | 13 | 6 | 6 | 4 | 20 | 70 | ✓ | 1/2 cup |

"Additional" Vegetable Smooth-Frozen Cups

- 100% vegetable and fruit juice
- Credits as an "Additional" Vegetable toward weekly totals
- · Made with sweet potato and other fruit juices
- Fortified with Calcium and Vitamins A and C
- Smooth-Frozen for effortless spoonability
- Tastes great this is one vegetable that won't end up in the trash!
- Dairy free, gluten free, lactose free, does not contain bioengineered ingredients, or any of the big 9 allergens



VBlend SideKicks "Additional" Cup • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Fiber (g) | Total Sugars (g) | Calcium (%) | Iron (%) | Potassium (%) | A (%) | C (%) | Smart Snacks | "Additional" Credits |
|------|-----------------------|--------------|--------------|----------------------|----------|----------------|--------------|--------------|---------------------|----------------|-------------|------------------|----------|----------|-----------------|-------------------------|
| 2025 | Berry Best | 100 | 84 | 4.4 | 80 | 30 | 21 | 3 | 14 | 6 | 2 | 4 | 20 | 70 | ✓ | 1/2 cup |
| 2021 | Cherry Smooth 'n Good | 100 | 84 | 4.4 | 80 | 25 | 21 | 3 | 14 | 6 | 2 | 4 | 20 | 70 | ✓ | 1/2 cup |



Red/Orange Vegetable Juice Cartons and Juice Boxes

- 100% vegetable juice
- Credits as a Red/Orange Vegetable toward the weekly totals
- · Made with sweet potato, pumpkin, and carrot juices
- Provides vegetable options in a category where choices are limited
- Use as a vegetable credit when serving breakfast for lunch
- Taste-tested and approved by K-12 students!
- Gluten free, does not contain bioengineered ingredients, or any of the big 9 allergens





VBlend Red/Orange Cartons and Juice Boxes • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Shelf Stable | Frozen | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Protein (g) | Calcium (%) | Iron (%) | Potassium (%) | A (%) | C (%) | E (%) | Kosher | Smart Snacks | Red/Orange Credits |
|-------|-------------|--------------|-----------------|--------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|----------------|-------------|------------------|----------|----------|----------|----------|-----------------|-----------------------|
| 45708 | Ruby Rusher | 100 | | ✓ | 70 | 4 | 50 | 30 | 12 | 10 | 0 | 0 | 2 | 4 | 10 | 35 | 10 | ✓ | ✓ | 1/2 cup |
| 45714 | Sunset Sip | 100 | | ✓ | 70 | 4 | 40 | 30 | 11 | 9 | 0 | 0 | 2 | 4 | 10 | 35 | 10 | √ | ✓ | 1/2 cup |
| 62027 | Ruby Rusher | 100 | ✓ | | 44 | 4.23 | 50 | 35 | 14 | 12 | 0 | 0 | 2 | 4 | 10 | 80 | 10 | ✓ | ✓ | 1/2 cup |
| 62014 | Sunset Sip | 100 | ✓ | | 44 | 4.23 | 45 | 35 | 11 | 10 | 0 | 0 | 2 | 4 | 10 | 80 | 10 | √ | ✓ | 1/2 cup |
| 62052 | Sunset Sip | 100 | ✓ | | 40 | 6.75 | 70 | 50 | 17 | 15 | 1 | 0 | 4 | 6 | 15 | 100 | 15 | ✓ | ✓ | 3/4 cup |

"Additional" Vegetable Juice Blend Cartons and Juice Boxes

- 100% vegetable and fruit juice blend
- Credits as an "Additional" Vegetable toward the weekly totals
- Made with sweet potato and other fruit juices
- Shelf-stable juice boxes are vegetables that travel well and are great for field trips!
- Gluten free, does not contain bioengineered ingredients, or any of the big 9 allergens





VBlend "Additional" Cartons and Juice Boxes • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Shelf Stable | Frozen | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Protein (g) | Calcium (%) | Iron (%) | Potassium (%) | A (%) | C (%) | E (%) | Kosher | Smart Snacks | "Additional" Credits |
|-------|--------------|--------------|-----------------|--------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|----------------|-------------|------------------|----------|----------|----------|--------|-----------------|-------------------------|
| 45712 | Cherry Star | 100 | | ✓ | 70 | 4 | 50 | 15 | 12 | 11 | 0 | 0 | 6 | 2 | 10 | 35 | 10 | ✓ | ✓ | 1/2 cup |
| 45710 | Dragon Punch | 100 | | ✓ | 70 | 4 | 50 | 10 | 13 | 10 | 0 | 0 | 0 | 2 | 10 | 35 | 10 | ✓ | ✓ | 1/2 cup |
| 45711 | Wango Mango | 100 | | ✓ | 70 | 4 | 50 | 20 | 13 | 12 | 0 | 0 | 4 | 2 | 10 | 35 | 10 | ✓ | ✓ | 1/2 cup |
| 45747 | Dragon Punch | 100 | | ✓ | 70 | 6 | 80 | 15 | 20 | 16 | 0 | 2 | 2 | 4 | 15 | 45 | 15 | ✓ | ✓ | 3/4 cup |
| 62011 | Cherry Star | 100 | ✓ | | 44 | 4.23 | 50 | 15 | 13 | 12 | 0 | 0 | 6 | 2 | 10 | 45 | 10 | ✓ | ✓ | 1/2 cup |
| 62009 | Dragon Punch | 100 | ✓ | | 44 | 4.23 | 50 | 10 | 13 | 10 | 0 | 0 | 2 | 2 | 10 | 80 | 10 | ✓ | ✓ | 1/2 cup |
| 62010 | Wango Mango | 100 | ✓ | | 44 | 4.23 | 50 | 20 | 14 | 12 | 0 | 0 | 4 | 2 | 10 | 80 | 10 | ✓ | ✓ | 1/2 cup |
| 62051 | Cherry Star | 100 | ✓ | | 40 | 6.75 | 80 | 25 | 21 | 19 | 0 | 0 | 10 | 4 | 15 | 100 | 15 | ✓ | ✓ | 3/4 cup |
| 62049 | Dragon Punch | 100 | ✓ | | 40 | 6.75 | 90 | 15 | 22 | 17 | 0 | 2 | 2 | 4 | 15 | 100 | 15 | ✓ | ✓ | 3/4 cup |
| 62050 | Wango Mango | 100 | ✓ | | 40 | 6.75 | 80 | 30 | 22 | 20 | 0 | 0 | 6 | 4 | 15 | 100 | 15 | ✓ | ✓ | 3/4 cup |



Shelf-Stable Fruit Juice Boxes

- 100% fruit juice with no preservatives
- · Credits as a Fruit
- Convenient food service packaging for minimal labor and waste – no multiple layers of plastic and cardboard
- Great for field trips, snack programs, backpack programs and breakfast in the classroom
- Gluten free, does not contain bioengineered ingredients, or any of the big 9 allergens





Ardmore Farms Fruit Juice Boxes • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Protein (g) | Calcium (%) | Iron (%) | Potassium (%) | C (%) | Kosher | Smart Snacks | Fruit Credits |
|-------|------------------|--------------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|----------------|-------------|------------------|----------|--------|-----------------|------------------|
| 62001 | Apple | 100 | 44 | 4.23 | 60 | 10 | 15 | 14 | 0 | 8 | 0 | 2 | 80 | ✓ | ✓ | 1/2 cup |
| 62002 | Grape Blend | 100 | 44 | 4.23 | 60 | 10 | 16 | 14 | 0 | 8 | 2 | 2 | 80 | - | ✓ | 1/2 cup |
| 62000 | Orange | 100 | 44 | 4.23 | 60 | 10 | 14 | 12 | 1 | 2 | 0 | 6 | 80 | ✓ | ✓ | 1/2 cup |
| 62007 | Orange Tangerine | 100 | 44 | 4.23 | 60 | 10 | 15 | 13 | 0 | 8 | 2 | 2 | 80 | ✓ | ✓ | 1/2 cup |
| 62026 | Strawberry Kiwi | 100 | 44 | 4.23 | 60 | 10 | 15 | 13 | 0 | 6 | 2 | 2 | 80 | ✓ | ✓ | 1/2 cup |
| 62008 | Tropical Punch | 100 | 44 | 4.23 | 60 | 5 | 15 | 13 | 0 | 8 | 2 | 2 | 80 | - | ✓ | 1/2 cup |
| 62041 | Apple | 100 | 40 | 6.75 | 100 | 15 | 25 | 23 | 0 | 10 | 2 | 2 | 100 | ✓ | ✓ | 3/4 cup |
| 62043 | Grape Blend | 100 | 40 | 6.75 | 100 | 15 | 26 | 22 | 0 | 10 | 2 | 2 | 100 | - | ✓ | 3/4 cup |
| 62047 | Orange Tangerine | 100 | 40 | 6.75 | 100 | 10 | 25 | 21 | 0 | 10 | 2 | 4 | 100 | ✓ | ✓ | 3/4 cup |
| 62046 | Strawberry Kiwi | 100 | 40 | 6.75 | 100 | 15 | 24 | 21 | 0 | 10 | 2 | 2 | 100 | ✓ | ✓ | 3/4 cup |
| 62042 | Tropical Punch | 100 | 40 | 6.75 | 100 | 10 | 24 | 20 | 0 | 10 | 2 | 2 | 100 | - | ✓ | 3/4 cup |

Fruit Juice Cups

- 100% fruit juice
- · Credits as a Fruit
- Multiple juice varieties help to combat menu fatigue
- Gluten free, does not contain bioengineered ingredients, or any of the big 9 allergens





Ardmore Farms Fruit Juice Cups • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Protein (g) | Calcium (%) | Iron (%) | Potassium (%) | C (%) | Kosher | Smart Snacks | Fruit Credits |
|-------|------------------|--------------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|----------------|-------------|------------------|----------|--------|-----------------|------------------|
| 41381 | Apple | 100 | 96 | 4 | 60 | 15 | 14 | 13 | 0 | 0 | 2 | 2 | 0 | ✓ | ✓ | 1/2 cup |
| 41357 | Apple Cherry | 100 | 96 | 4 | 60 | 10 | 14 | 13 | 0 | 0 | 2 | 2 | 0 | ✓ | ✓ | 1/2 cup |
| 41391 | Fruit Punch | 100 | 96 | 4 | 60 | 10 | 14 | 13 | 0 | 0 | 2 | 2 | 0 | - | ✓ | 1/2 cup |
| 41382 | Grape | 100 | 96 | 4 | 80 | 15 | 21 | 21 | 0 | 2 | 4 | 2 | 0 | - | ✓ | 1/2 cup |
| 41380 | Orange | 100 | 96 | 4 | 60 | 15 | 13 | 11 | 1 | 0 | 0 | 4 | 40 | ✓ | ✓ | 1/2 cup |
| 41389 | Orange Pineapple | 100 | 96 | 4 | 60 | 5 | 14 | 13 | 0 | 0 | 2 | 4 | 35 | ✓ | ✓ | 1/2 cup |



Fruit Juice Cartons

- 100% fruit juice
- · Credits as a Fruit
- Multiple juice varieties help to combat menu fatigue
- Gluten free, does not contain bioengineered ingredients, or any of the big 9 allergens





Ardmore Farms Fruit Juice Cartons • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Protein (g) | Calcium (%) | Iron (%) | Potassium (%) | C (%) | Kosher | Smart Snacks | Fruit Credits |
|-------|------------------|--------------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|----------------|-------------|------------------|----------|--------|-----------------|------------------|
| 42298 | Apple | 100 | 70 | 4 | 60 | 15 | 14 | 13 | 0 | 0 | 2 | 2 | 0 | ✓ | ✓ | 1/2 cup |
| 42292 | Apple Cherry | 100 | 70 | 4 | 60 | 10 | 14 | 13 | 0 | 0 | 2 | 2 | 0 | ✓ | ✓ | 1/2 cup |
| 42304 | Fruit Punch | 100 | 70 | 4 | 60 | 10 | 14 | 13 | 0 | 0 | 2 | 2 | 0 | - | ✓ | 1/2 cup |
| 42301 | Grape | 100 | 70 | 4 | 80 | 15 | 21 | 21 | 0 | 2 | 4 | 2 | 0 | - | ✓ | 1/2 cup |
| 45431 | Grape Blend | 100 | 70 | 4 | 60 | 10 | 14 | 13 | 0 | 0 | 2 | 2 | 0 | - | ✓ | 1/2 cup |
| 42297 | Orange | 100 | 70 | 4 | 60 | 15 | 13 | 11 | 1 | 0 | 0 | 4 | 40 | ✓ | ✓ | 1/2 cup |
| 45430 | Orange Blend | 100 | 70 | 4 | 60 | 10 | 14 | 12 | 0 | 0 | 2 | 4 | 35 | ✓ | ✓ | 1/2 cup |
| 42300 | Orange Pineapple | 100 | 70 | 4 | 60 | 5 | 14 | 13 | 0 | 0 | 2 | 4 | 35 | ✓ | ✓ | 1/2 cup |
| 42212 | Apple | 100 | 70 | 6 | 80 | 20 | 21 | 19 | 0 | 0 | 2 | 2 | 0 | ✓ | ✓ | 3/4 cup |
| 42221 | Apple Cherry | 100 | 70 | 6 | 80 | 15 | 21 | 19 | 0 | 0 | 2 | 4 | 0 | ✓ | ✓ | 3/4 cup |
| 42215 | Fruit Punch | 100 | 70 | 6 | 80 | 10 | 21 | 19 | 0 | 0 | 2 | 4 | 0 | - | ✓ | 3/4 cup |
| 45471 | Grape Blend | 100 | 70 | 6 | 90 | 15 | 21 | 19 | 0 | 0 | 2 | 4 | 0 | - | ✓ | 3/4 cup |
| 42210 | Orange | 100 | 70 | 6 | 80 | 20 | 20 | 17 | 1 | 0 | 2 | 6 | 60 | ✓ | ✓ | 3/4 cup |

Ardmore Farms Fruit Cartons • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Protein (g) | D (%) | Calcium (%) | Iron (%) | Potassium (%) | A (%) | C (%) | E (%) | Kosher | Smart Snacks | Fruit Credits |
|-------|--------|--------------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|----------|----------------|-------------|------------------|----------|----------|----------|--------|-----------------|------------------|
| 46301 | Apple | 100 | 35 | 8 | 120 | 25 | 28 | 26 | 0 | 25 | 25 | 2 | 4 | 10 | 60 | 10 | ✓ | √ | 1 cup |
| 46300 | Orange | 100 | 35 | 8 | 110 | 15 | 26 | 23 | 2 | 25 | 25 | 2 | 10 | 10 | 60 | 10 | ✓ | √ | 1 cup |



Water Cups

- · Meets requirements for offering water at all meals
- Great for hydration stations and breakfast in the classroom
- Sealed and safe, portion controlled
- Glacier Valley is calorie free, caffeine free, and non-carbonated
- Gluten free, does not contain bioengineered ingredients, or any of the big 9 allergens





Glacier Valley Water Cup • Flavor Options and Nutrition Information

| SKU | Flavor | Pack Size | Portion (fl. oz.) | Calories | Total Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbs (g) | Total Sugars (g) | Added Sugars (g) | Kosher |
|-------|--------|--------------|----------------------|----------|------------------|---------------------|----------------|--------------|---------------------|---------------------|--------|
| 41351 | Water | 96 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | ✓ |



Fortified Fruit Juice Cartons

- 100% fruit juice
- · Credits as a Fruit
- Fortified with Vitamins A and D and Calcium enriched
- Gluten free, does not contain bioengineered ingredients, or any of the big 9 allergens





VitaMost Fruit Juice Cartons • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Protein (g) | D (%) | Calcium (%) | Iron (%) | Potassium (%) | A (%) | C (%) | Kosher | Smart Snacks | Fruit Credits |
|-------|--------|--------------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|----------|----------------|-------------|------------------|----------|----------|--------|-----------------|------------------|
| 24403 | Apple | 100 | 70 | 4 | 60 | 10 | 14 | 13 | 0 | 15 | 8 | 0 | 2 | 15 | 0 | ✓ | ✓ | 1/2 cup |
| 24404 | Grape | 100 | 70 | 4 | 90 | 15 | 22 | 19 | 0 | 15 | 8 | 10 | 2 | 15 | 0 | - | ✓ | 1/2 cup |
| 24401 | Orange | 100 | 70 | 4 | 60 | 5 | 13 | 11 | 1 | 15 | 8 | 0 | 4 | 15 | 35 | ✓ | ✓ | 1/2 cup |
| 24501 | Orange | 100 | 70 | 6 | 90 | 10 | 20 | 17 | 1 | 20 | 10 | 2 | 6 | 20 | 50 | ✓ | ✓ | 3/4 cup |



Fortified Fruit Juice Cartons

- 100% fruit juice
- Credits as a Fruit
- Fortified with Calcium and Vitamins A, C and E
- Unique flavors help combat menu fatigue
- Gluten free, does not contain bioengineered ingredients, or any of the big 9 allergens



SMART SNACKS

VitaMost Fruit Juice Cartons • Flavor Options and Nutrition Information

| SKU | Flavor | Juice (%) | Pack Size | Portion (fl. oz.) | Calories | Sodium (mg) | Carbs (g) | Total Sugars (g) | Calcium (%) | Iron (%) | Potassium (%) | A (%) | C (%) | E (%) | Kosher | Smart Snacks | Fruit Credits |
|-------|--------------|--------------|--------------|----------------------|----------|----------------|--------------|---------------------|----------------|-------------|------------------|----------|----------|----------|--------|-----------------|------------------|
| 45716 | Blue Razz | 100 | 70 | 4 | 60 | 10 | 14 | 13 | 8 | 2 | 2 | 10 | 70 | 10 | ✓ | ✓ | 1/2 cup |
| 45717 | Merry Cherry | 100 | 70 | 4 | 60 | 10 | 14 | 13 | 8 | 2 | 2 | 10 | 70 | 10 | ✓ | ✓ | 1/2 cup |
| 45715 | Sour Apple | 100 | 70 | 4 | 60 | 10 | 14 | 13 | 8 | 2 | 2 | 10 | 70 | 10 | ✓ | ✓ | 1/2 cup |

GET ALL OF YOUR K-12 JUICES FROM COUNTRY PURE FOODS.

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All foods sold at school during the school day need to meet nutrition standards. The Smart Snacks in School regulation applies to foods sold à la carte, in the school store and in vending machines. Country Pure Foods is committed to helping schools serve healthy products that meet the Smart Snacks criteria.



The Safe Quality Food Institute delivers consistent, globally recognized food safety and quality certification programs. Country Pure Foods juices are SQF certified, reassuring food providers in schools and other institutions.





