## Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at
http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm.

| Product Nam | VBlend Cherry Star |
| :---: | :---: |
| Manufacturer | Foods |


| Code | 62051 |  |
| :---: | :---: | :---: |
| Servin | 6.75 | fl oz |

## I. Vegetable Component

Please fill out the chart below to determine the creditable amount of vegetables.

| Description of <br> Creditable <br> Ingredient per <br> Food Buying Guide <br> (FBG) | Vegetable <br> Subgroup | Ounces per <br> Raw Portion of <br> Creditable <br> Ingredient | Multiply | FBG <br> Yield/Servings <br> Per Unit | Creditable <br> Amount <br> (quarter cups) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $100 \%$ Juice | "Additional" | 6 | x |  |  |
|  |  |  |  |  |  |

I certify that the above information is true and correct and that $\qquad$ 6.75 ounce serving of the above product contains 3/4 cup(s) of
"Additional" vegetable.
(vegetable subgroup)

## II. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

| Description of Creditable <br> Ingredient per <br> Food Buying Guide (FBG) | Ounces per Raw <br> Portion of Creditable <br> Ingredient | Multiply | FBG <br> Yield/Servings Per <br> Unit | Creditable <br> Amount <br> (quarter cups) |
| :---: | :---: | :---: | :---: | :---: |
|  |  | X |  |  |
| X |  |  |  |  |

- ${ }^{1}$ FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.
- At least $1 / 8$ cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, $1 / 2$ cup raisins credits as 1 cup fruit).

I certify the above information is true and correct and that $\qquad$ serving of the above product contains $\qquad$ cup(s) of fruit.

> Quarter Cup to Cup Conversions*
> 0.5 Quarter Cups $=1 / 8$ Cup vegetable/fruit or 0.5 ounces of equivalent meat alternate
> 1.0 Quarter Cups $=1 / 4$ Cup vegetable/fruit or 1.0 ounce of equivalent meat alternate
> 1.5 Quarter Cups $=3 / 8$ Cup vegetable/fruit or 1.5 ounces of equivalent meat alternate
> 2.0 Quarter Cups $=1 / 2$ Cup vegetable/fruit or 2.0 ounces of equivalent meat alternate
> 2.5 Quarter Cups $=5 / 8$ Cup vegetable/fruit or 2.5 ounces of equivalent meat alternate
> 3.0 Quarter Cups $=3 / 4$ Cup vegetable/fruit or 3.0 ounces of equivalent meat alternate
> 3.5 Quarter Cups $=1 / 8$ Cup vegetable/fruit or 3.5 ounces of equivalent meat alternate
> 4.0 Quarter Cups $=1$ Cup vegetable/fruit or 4.0 ounces of equivalent meat alternate
> *The result of 0.9999 equals $1 / 8$ cup but a result of 1.0 equals $1 / 4$ cup

## Wichelle Fiedrich

## Date

Nutrition and Regulatory Specialist

