

Now Printed
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Date on Lids

Smooth-Frozen[®] SideKicks[™] For Healthcare

- May Qualify for Clear Liquid Diets
*Please Consult with a Physician
- Flavorful Hydration Option
- 100% Juice
- No Added Sugars
- No Preservatives
- Healthy Frozen Treat
- Great for Nurses' Stations, Snack Carts and Menus
- Dairy Free, Lactose Free, Gluten Free and Does Not Contain bioengineered ingredients

1/2 Serving of Fruit



Orange-Cream

- Orange-Cream is a classic blend of tangy orange paired with the sweetness of cream
- Contains no artificial colors or flavors



Strawberry-Cream

- Strawberry-Cream is a blend of juicy strawberries paired with the sweetness of cream
- Contains no artificial colors or flavors



BlueRaspberry-Lemon

- BlueRaspberry-Lemon has a blend of tart and tangy lemon perfectly paired with the sweetness of raspberries



Strawberry-Mango

- Strawberry-Mango has a unique tropical blend which combines the sweetness of strawberries with the luscious, sweet taste of mango
- Contains no artificial colors or flavors



Kiwi-Strawberry

- Kiwi-Strawberry has a burst of tropical kiwi flavor paired with the ever-popular sweetness of strawberries
- Popular selection for holiday treats and menus



SourCherry-Lemon

- SourCherry-Lemon has a pop of sour cherry flavor with juicy lemon – not too tart, not too sweet
- Contains no artificial colors or flavors

1/2 Serving of Fruit & Vegetable



Cherry Smooth 'n Good

- Cherry Smooth 'n Good has a blast of bold cherry flavor
- Contains no artificial colors or flavors

1/2 Serving of Vegetable



Sunbelievable

- Sunbelievable has a smooth, unbelievable orange cream flavor
- Contains no artificial colors or flavors

Nutrition Information and Ingredients

Orange-Cream • Nutrition Information

SKU	Pack Size	Juice (%)	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Total Sugars (g)	Calcium (%)	Iron (%)	Potassium (%)	A (%)	C (%)
2023	84	100	4.4	90	20	23	21	6	8	2	20	70

Ingredients: Fruit Juice (Water, White Grape and Pear Juice Concentrates), Less than 2% of Natural Flavors, Turmeric and Beta Carotene (For Color), Tricalcium Phosphate, Citric Acid, Ascorbic Acid (Vitamin C), Vitamin A Palmitate, Modified Food Starch, Guar, Carob, Xanthan Gum.

Strawberry-Cream • Nutrition Information

SKU	Pack Size	Juice (%)	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Total Sugars (g)	Calcium (%)	Iron (%)	Potassium (%)	A (%)	C (%)
2024	84	100	4.4	90	20	23	21	6	8	2	20	70

Ingredients: Fruit Juice (Water, White Grape and Pear Juice Concentrates), Less Than 2% of Natural Flavors, Fruit and Vegetable Juice (For Color), Tricalcium Phosphate, Citric Acid, Ascorbic Acid (Vitamin C), Vitamin A Palmitate, Modified Food Starch, Guar, Carob, Xanthan Gum.

BlueRaspberry-Lemon • Nutrition Information

SKU	Pack Size	Juice (%)	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Total Sugars (g)	Calcium (%)	Iron (%)	Potassium (%)	A (%)	C (%)
2009	84	100	4.4	90	20	23	21	6	8	2	20	70

Ingredients: Fruit Juice (Water, White Grape and Pear Juice Concentrates), Less than 2% of Citric Acid, Natural and Artificial Flavors, Tricalcium Phosphate, Ascorbic Acid (Vitamin C), Salt, Turmeric (For Color), Vitamin A Palmitate, Blue 1, Guar, Carob Bean and Xanthan Gum.

Strawberry-Mango • Nutrition Information

SKU	Pack Size	Juice (%)	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Total Sugars (g)	Calcium (%)	Iron (%)	Potassium (%)	A (%)	C (%)
2015	84	100	4.4	90	20	23	21	6	8	2	20	70

Ingredients: Fruit Juice (Water, White Grape and Pear Juice Concentrates), Less than 2% of Citric Acid, Tricalcium Phosphate, Natural Flavors, Vegetable Juice (For Color), Salt, Ascorbic Acid (Vitamin C), Turmeric (For Color), Beta Carotene (For Color), Vitamin A Palmitate, Guar, Carob Bean and Xanthan Gum.

Kiwi-Strawberry • Nutrition Information

SKU	Pack Size	Juice (%)	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Total Sugars (g)	Calcium (%)	Iron (%)	Potassium (%)	A (%)	C (%)
2014	84	100	4.4	90	20	23	21	6	8	2	20	70

Ingredients: Fruit Juice (Water, White Grape and Pear Juice Concentrates), Less than 2% of Citric Acid, Natural Flavors, Tricalcium Phosphate, Vegetable Juice (For Color), Salt, Ascorbic Acid (Vitamin C), Turmeric (For Color), Vitamin A Palmitate, Yellow 5, Blue 1, Guar, Carob Bean and Xanthan Gum.

SourCherry-Lemon • Nutrition Information

SKU	Pack Size	Juice (%)	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Total Sugars (g)	Calcium (%)	Iron (%)	Potassium (%)	A (%)	C (%)
2016	84	100	4.4	90	20	23	21	6	8	2	20	70

Ingredients: Fruit Juice (Water, White Grape and Pear Juice Concentrates), Less than 2% of Citric Acid, Natural Flavors, Tricalcium Phosphate, Vegetable Juice (For Color), Ascorbic Acid (Vitamin C), Salt, Turmeric (For Color), Vitamin A Palmitate, Guar, Carob Bean and Xanthan Gum.

Sunbelievable • Nutrition Information

SKU	Pack Size	Juice (%)	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Total Sugars (g)	Calcium (%)	Iron (%)	Potassium (%)	A (%)	C (%)
2020	84	100	4.4	70	25	20	4	11	6	6	4	20	70

Ingredients: Vegetable Juices (Filtered Water, Sweet Potato, Carrot, Pumpkin Juice Concentrates), Vegetable Fiber, Less than 2%: Natural Flavors, Tricalcium Phosphate, Ascorbic Acid (Vitamin C), Vitamin A Palmitate, Xanthan Gum, Locust Bean Gum, Guar Gum, Beta Carotene (For Color).

Cherry Smooth 'n Good • Nutrition Information

SKU	Pack Size	Juice (%)	Portion (fl. oz.)	Calories	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Total Sugars (g)	Calcium (%)	Iron (%)	Potassium (%)	A (%)	C (%)
2021	84	100	4.4	80	25	21	3	14	6	2	4	20	70

Ingredients: Vegetable and Fruit Juices (Filtered Water, Sweet Potato, Grape, Banana, Pear, Carrot, Cherry Juice Concentrates), Vegetable Fiber, Less than 2%: Natural Flavors, Citric Acid, Tricalcium Phosphate, Ascorbic Acid (Vitamin C), Salt, Vitamin A Palmitate, Vegetable Juice Color (For Color), Xanthan Gum, Carob Bean Gum, Guar Gum.

SideKicks Product Information:

* Not a significant source of calories from fat, total fat, saturated fat, trans fat, cholesterol, dietary fiber, added sugars, protein and vitamin D.

* SideKicks products do not contain ingredients from the 8 major food groups considered as allergenic (milk, eggs, soybean, wheat, peanuts, tree nuts, fish, and shellfish) under the Food Allergen Labeling and Consumer Protection Act of 2004 (FALCPA).

Contact your local Sales Representative or Distributor to get started.



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