



Product Fact Sheet

Product Information

Manufacturer Name: Country Pure Foods
Product Name: Ardmore Farms Prune Juice Frozen Cup
Manufacture Number: #41386
Unit UPC: None

Case UPC: 
 48039614413867

Juice Percentage: 100%
School Nutrition Requirements: 1/2 cup Fruit

Allergy Statement:
 This product does not contain ingredients from the 9 major food groups considered as allergenic (milk, eggs, soybean, wheat, sesame, peanuts, tree nuts, fish, and shellfish) under the Food Allergen Labeling and Consumer Protection Act (FALCPA).

Product Call-Outs

Bio-Engineered Compliant: Yes
Kosher Certified: kvh
Smart Snack Compliant: Yes

Packaging Information

Package Size: 4 fl. oz.
Servings Per Container: 1
Package Type: Frozen Cup
Shipping/Storage: Frozen
Shelf-Life/Handling: 12 Months Frozen from Manufactured Date or 14 Days Once Thawed / Thaw Overnight in 38°F Cooler. After Thawing, Keep Refrigerated.
Case Weight: 28.5 lbs
Cases per Pallet: 64, 8 Block/8 Tier
Units per Case: 96
Case Dimensions: 17.75 x 12.25 x 8.25
Case Cube: 1.04

1/1/2026

Date

Michelle Friedrich

Nutrition and Regulatory Specialist

Nutrition Facts

1 serving per container
Serving Size 4 fl. oz. (118mL)

Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 0g	0%
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrates 20g	7%
Dietary Fiber <1g	3%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 1g	
Calcium 40mg	4%
Iron 3.7mg	20%
Potassium 360mg	8%

Not a significant source of saturated fat, trans fat, and vitamin D.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Ingredients

Filtered Water, Prune Juice Concentrate.



100 Gram Nutritional Analysis

Nutrients	Per 100g
<u>Basic Components</u>	
Calories (kcal)	65.1
Calories from SatFat (kcal)	0.24
Protein (g)	0.61
Carbohydrates (g)	15.77
Dietary Fiber (2016) (g)	0.75
Total Sugars (g)	12.1
Added Sugar (g)	0
Fat (g)	0.07
Saturated Fat (g)	0.03
Trans Fatty Acid (g)	0
Cholesterol (mg)	0

Nutrients	Per 100g
<u>Vitamins</u>	
Vitamin A - RAE (mcg)	47.57
Vitamin C (mg)	0.49
Vitamin D - mcg (mcg)	0
Vitamin E - Alpha-Toco (mg)	0
Folate, DFE (mcg DFE)	0
<u>Minerals</u>	
Calcium (mg)	33.39
Iron (mg)	2.95
Magnesium (mg)	0.74
Phosphorus (mg)	14.15
Potassium (mg)	279.68
Sodium (mg)	10.51

